



In the 1700s when men and women dressed up, they often wore fancy cuffs with ruffles and lace.

## #MetKids—Design Your Own Fashion Accessory: Fancy Cuffs

### Directions and video

<https://www.metmuseum.org/art/online-features/metkids/videos/MetKids-Design-Your-Own-Fashion-Accessory-Fancy-Cuffs>

Follow along and learn how to design fancy cuffs to go with your favorite outfit.

### Make Fancy Cuffs with Folded Flourishes

Materials:

- strips of paper
- Smart-Fab (available online and at art and school supply stores), paper, or fabric
- pencil
- stapler
- tape

Instructions:

1. Cut Smart-Fab, paper, or fabric into squares approximately 6 inches by 6 inches (15 cm x 15 cm). If you use fabric, you will want to iron the creases to reinforce the folds.
2. Fold one square in half, forming a triangle, and crease the fold.

3. Take one corner of the longest side and fold it to meet the peak of the triangle. Crease the newest fold.
4. Take the opposite corner and fold it to meet the other one, making a diamond. Crease the newest fold.
5. Set aside your diamond. Repeat, folding five more pieces of Smart-Fab, paper, or fabric.
6. Cut paper into strips about 9 inches by 1 1/2 inches (23 cm x 4 cm) for the wristbands.
7. Measure one strip of paper around your wrist and mark where it meets.
8. Staple the folded pieces of Smart-Fab to the wristband, overlapping the diamonds. The diamonds only need to go as far as the pencil mark you made that shows the length you need to cover your wrist.
9. Put tape on the hanging end of wristband. Flip it over and put tape on the opposite side. Then, secure the wristband and cuff to your wrist.

### **Make Fancy Cuffs with a Cut Pattern**

#### Materials:

- strip of paper
- tissue paper
- scissors
- pencil
- glue
- tape

#### Instructions:

1. Cut tissue paper into approximately 4-inch (10 cm) strips. The length can vary, but should be a little longer than the wristband, about 9 inches (23 cm).
2. Fold the tissue paper into an accordion, folding it back and forth. Make sure the width of each fold matches the one before it.
3. Hold the folded accordion with one hand. Hold scissors in your other hand and cut shapes into the folds. Make sure the shape you cut into one side of the accordion doesn't extend all the way to the other side.
4. Unfold your accordion to reveal the pattern you created.
5. Cut paper into strips about 9 inches by 1 1/2 inches (23 cm x 4 cm) for the wristbands.
6. Measure one strip of paper around your wrist and mark where it meets.
7. Dab glue onto the long edge of the tissue paper and glue onto the wristband. The tissue paper doesn't need to be stretched to its fullest length as long as it reaches the pencil mark you made that shows the length you need to cover your wrist.
8. Put tape on the hanging end of the wristband. Flip it over and put tape on the opposite side. Then, secure the wristband and cuff to your wrist.